

## Sweden - In and around Stockholm - 7 days

Discover Stockholm with its 14 islands and the beautiful surroundings along one of Sweden's largest lakes. Cycle through exciting and varied scenery, always accompanied by either one of the countless lakes or the sea which will never leave your side. Learn about Swedish history from Viking times up until today and discover royal palaces such as Drottningholm Palace, Taxinge or Tullgarn Palace as well as a great number of parks, picturesque small towns as Mariefred and Trosa and of course the great wideness of Sweden.

### Day 1: Arrival to Stockholm

Take your first stroll through Sweden's capital and explore some of the many sights and tourist attractions.

### Day 2: Stockholm > Södertälje, ~60 km

The bike trip takes you along an ancient trade route that has existed since the Viking Age, skirting along Sweden's third largest lake, Lake Mälaren. On the way, you pass the World Heritage listed Drottningholm Palace. Here, right on the shore of Lake Mälaren, the royal family grew up. Also located in the grounds is the Chinese Pavilion dating from the 18th century. You continue by short ferry trip in direction Södertälje. At Sturehov, located in eastern Lake Mälaren, it's time for a late lunch. Södertälje, home of Scania is located south of Stockholm where Lake Mälaren is connected to the Baltic Sea through the lock in Södertälje canal.

### Day 3: Södertälje > Mariefred, ~45 km

Today you ride on small side roads to Gripsholm Castle. It houses the national portrait collection of over 4000 works that trace the portrait art from the 1400s and up to the present. The castle's history goes back to the 1370s, when Bo Jonsson Grip built a castle on a promontory which, after several expansions became Gripsholm Castle. If you would like to extend your tour you cycle to island Selaön with runestones and cemetery from the 15th century, built in the form of a ship.

### Day 4: Mariefred > Järna, ~45 km

Today's tour takes you right into the middle of untouched and remote nature reserves, through the amazing scenery of Sörmland. At this spot countless rivers and lakes were formed due to vast tectonic movements. Nevertheless the altitude is never higher than 100m. Once you have mastered the hills you are rewarded with stunning views and a long descent afterwards. Your hotel is located in the small town of Järna with its world famous Anthroposophy village with bio-dynamic gardens and characteristic architecture.

### Day 5: Järna > Trosa, ~50 km

Your destination for the day is the idyllic Baltic Sea town of Trosa, which is also used as setting for many movies. Finish your day with a stroll through the picturesque village and enjoy the small alleys, red houses and wonderful views on the water. We recommend to try crabs, salmon or smoked fish in one of the nice, little restaurants for dinner.

### Day 6: Trosa > Stockholm, ~55 km

Northward bound and a short ferry trip later you return to one of Stockholm's many islands. The last part is covered by commuter train to Stockholm (not included). You will leave the train on the island of Södermalm and cycle the last kilometers back to your hotel. Enjoy your last overnight in the capital with a typical Swedish dinner in one of the numerous restaurants.

### Day 7: Individual departure from Stockholm

After breakfast your tour ends. We are happy to book extra nights for you. The best way to explore the city is by bike - book a three-hour guided sightseeing tour and discover Stockholm and its most beautiful areas.

### Services:

6 nights in 3\*\*\* and 4\*\*\*\* hotels in cat. A  
6 nights in 2\*\* and 3\*\*\* hotels in cat. B  
6x breakfast  
luggage transport (1 piece per person)  
ferries on day 2 and day 6  
carefully chosen roads and paths  
detailed documentation, brochures, plans, maps, etc.  
Navigation-app and GPS tracks (on request)  
service hotline

### additional services:

extra night, single BnB, Stockholm, cat. B	135 €
extra night, single BnB, Stockholm, cat. A	150 €
extra night, double BnB, Stockholm, cat. B	80 €
extra night, double BnB, Stockholm, cat. A	90 €
rental bike 21 gears	115 €
electric bike, 8 gear, pedal brake	280 €
own bike	0 €

### Price:

07.07.2024 - 13.07.2024 - hotel according to offer

double room, BnB, cat. A	1070 €
double room, BnB, cat. B	985 €
single room, BnB, cat. A	1505 €
single room, BnB, cat. B	1345 €
twin room, BnB, cat. A	1070 €
twin room, BnB, cat. B	985 €

