

## Sardinia - 8 days

Plunge into the savage and romantic beauty of south western Sardinia, amongst abandoned mines and empty beaches. Ride this self-guided bike tour in Sardinia in total freedom, at your own pace, enjoying every single spot of this wonderful island.

### Day 1: Arrival transfer or independent arrival to Cabras

### Day 2: The Sinis Peninsula and Oristano, ~36 or 68 km

Travel through the fascinating Sinis wetlands where we will see colonies of pink flamingos and finally reach one of the most beautiful spots on the island: the white quartz beach of Is Arutas and the Phoenician ruins of Tharros. Then cross the town of the medieval historic centre of Oristano to reach Arborea.

### Day 3: Costa Verde and dunes of Piscinas, ~46-54 km

From Arborea, we will cycle through the natural beauty spots of the Costa Verde, some of the most savage scenery on the island, to the Piscinas beach with its sand dunes over 50 m high - some of the highest in Europe.

### Day 4: The mines of Sulcis, ~41 km

This leg takes us back into the ancient mining past of Sardinia, as we pass the fascinating abandoned mines of Ingortosu and Planusartu. After the golden beach of Portixeddu and looming mass of Pan di Zucchero cliff, we admire the old ore washery at Nebida.

### Day 5: Carloforte Island, ~43 km

After a beautiful descent to Fontanamare, we will reach Portoscuso, and board on the ferry to Carloforte, where locals still fish the Red Tuna fish. From Carloforte, we continue to the island of Sant'Antioco and end our day in Calasetta.

### Day 6: Town and island of Sant'Antioco, ~40 km

Today, we pedal through the meadows, green in springtime and golden yellow in the summer, of Sant'Antioco. At Tratalias, visit the Pisan sanctuary, one of the most important monuments of the Sardinian Romanesque period. Riding along the lake Monte Pranu, savor the quiet peace of the rolling plains of Sulcis.

### Day 7: The south coast, ~57 km

Final catwalk of our tour is the beautiful Costa del Sud with its gleaming white beaches, unspoiled natural landscape and imposing cliffs: Cape Malfatano with its 16th Century tower and Cape Spartivento. At Nora we will visit the ancient Phoenician settlement.

### Day 8: Departure from Pula

After breakfast, end of services.

### Services:

7 nights in good 3\*\*\* hotels  
 7x breakfast  
 welcome briefing  
 luggage transfer  
 navigation app with GPS  
 service hotline

### additional services:

supplement arrival any day	90 €
supplement solo traveler (luggage)	335 €
rental bike	150 €
electric bike	270 €
own bike	0 €

### Price:

01.06.2024 - 08.06.2024 - hotel according to offer

double room, BnB	810 €
single room, BnB	995 €
twin room, BnB	810 €

