

## Rhine - The winegrower's tour - 8 days

Look forward to this unique round trip and enjoy two overnight stays at wineries, three wine-tastings and varied bike trails through four wine-growing areas in the heart of Germany. Starting in Rüdesheim you ride through the Nahe - valley. Enjoy the marvelous wine - landscape that impress with vineyards, while cycling on the well-built bike trails. Get excited about the wine area Rheinhessen with its great german Riesling. You will have a wonderful day with boat and bike at the romantic middle rhine(UNESCO world cultural heritage). The well-known vineyards of Kaub, Bacharach and the Loreley rock will astonish you. All in all this biketour is a travel full of scenic and culinary surprises. Every day you receive an extra - hint about wine. Sometimes we recommend a special vinothèque, a winery with wine serving, an interesting museum or a special evening event. In this hilly landscape you cycle through vineyards, partly on separate bike trails, typical asphalted tracks that are only released for utility vehicles, cyclists and hikers.

### Day 1: Rüdesheim Arrival

Arrive early, because Rüdesheim has much to offer. Take a varied ride on the chairlift to Niederwalddenkmal with stunning views of the vineyards of the Rheingau, stroll through the famous Drosselgasse and visit the wine shop "RheinWeinWelt" which is unique in Germany. Here you can taste the wines of more than 70 winegrowers in a historic building in a listed building. So you are perfectly tuned to your bike and wine journey.

### Day 2: Rüdesheim > Bad Kreuznach, ~51 km

A ferry across the Rhine and you are in Bingen and at the mouth of the Nahe in the Rhine. On the flat Nahe cycle path you cycle to Bad Kreuznach. Marvel at the sprawling spa park with its graduation towers, healing springs and water wheels, which together make up Europe's largest outdoor inhalatory. Bad Münster is quickly reached on Stein-Ebernburg, romantically embedded between spectacular rock formations. On the Nahe Cycle Path in Rotenfels, discover the largest wall between the Alps and Scandinavia. Now that the vineyards are close to the bike path, you should take a tasting break at Schlossböckelheim near the winegrower before cycling back to Bad Kreuznach on small roads.

### Day 3: Bad Kreuznach > Flonheim, ~47-55 km

You cycle comfortably through the beautiful spa park of Bad Kreuznach, before you turn into the Alsenztal. Here, in the morning, a nice bike path awaits you, but also some heights that you have to climb to change over to the Appelbachtal. But you will be rewarded. A beautiful bike path then leads through the narrow valley into the wine region Rheinhessen. The wide vineyards are now in the field of vision. Via Neu-Bamberg with its medieval atmosphere and Wöllstein you cycle through typical wine villages and through the vineyards to Flonheim. Look forward to this small wine village and an overnight stay directly with the winegrower. In the evening you will get to know the wines of Rheinhessen at an interesting wine tasting.

### Day 4: Flonheim > Nierstein, ~47 km

In the morning we head up to the surrounding vineyards with a fantastic panoramic view. Enjoy cycling to Alzey, where a tour of the old town lures. Admire the historic city wall, the castle and the old town hall at the fish market, before you continue your bike ride through the hilly wine-growing region of Rheinhessen. Small wine villages like Gau-Odernheim, Hillesheim and Wintersheim are idyllically located along the way. In the afternoon you cycle over the beautiful Rheinterrassen cycle path to Oppenheim to the German wine museum. Multifaceted and entertaining, 2000 years of winegrowing culture come alive here in Germany! Afterwards it is not far to Nierstein. With almost 1,000 hectares of vineyards, Nierstein is the largest wine-growing municipality on the Rhine and today your home. In the evening you can look forward to a wine tasting directly with the winegrower.

### Day 5: Rheinhessen > Eltville, ~42 km

On the left the wine, on the right the Rhine, so in the morning you cycle the first flat kilometers to the old town of Mainz. Marvel at the Romanesque Cathedral, the Electoral Palace and the Gutenberg Museum, all outstanding sights of this lively city. And: Mainz is considered the wine capital due to the numerous wine bars and modern wine shops. After a rewarding break, you will enjoy cycling along the Rhine Cycle Route towards the Rheingau. Winding paths through the vines lead you in the afternoon to the wine, sparkling wine and rose town of Eltville. Here you

### Services:

7 nights in comfortable hotels (3x in winery or wine hotel)  
 7x breakfast  
 3 wine tastings in Flonheim, Nierstein and Rüdesheim  
 boat trip on the Rhine River from Rüdesheim to St. Goar  
 luggage transport  
 map of bike trails with marked route  
 detailed route description  
 navigation app with GPS  
 service hotline

### additional services:

own bike	0 €
electric bike	280 €
rental bike 27 gears	115 €
rental bike 7 gears pedal brake	0 €
extra night, double, BnB	79 €
extra night, single, BnB	129 €

### Price:



cycle romantically over the Rhine promenade to the castle Reinhartshausen, where the vinothèque attracts well deserved "Schoppen".

**Day 6: Eltville > Rüdesheim, ~28-40 km**

Today is the culmination of your cycling trip. Through the famous vineyards of the Rheingau you cycle from one highlight to the next. Look forward to Kiedrich with its historic center and the venerable St. Valentinuskirche. It houses the oldest still playable organ in Germany (around 1500) and a hand-carved 16th century stalls. The little church proudly bears the nickname "Schatzkästlein der Gotik". Take a break in the former Cistercian abbey Kloster Eberbach, which with its historic wine presses and the Abbey Museum alone is worth a wine trip. Through the vineyards you cycle to the Riesling-Weingut Schloss Vollrads, one of the oldest wineries in Germany. Visit the wine shop in the coach house, which offers its own wines to try. Back in the saddle, the next highlight is quickly reached. Enjoy Schloss Johannisberg's sun terrace, wonderful wines and a fantastic view of the vineyards. For those who still have enough energy after 28 km, we recommend a special extra bike tour from Rüdesheim. On panoramic trails you cycle with magnificent views through the vineyards to Assmannshausen and from there back to Rüdesheim on the newly opened in 2019 bike path directly along the banks of the Rhine.

**Day 7: Excursion through the winegrowing area middle Rhine, ~32 km**

A trip through the wine growing region of the Upper Middle Rhine Valley attracts with new experiences. Enjoy in the morning a romantic cruise on the Rhine from Rüdesheim to Loreley. Marvel at the sundeck from this unique cultural landscape (UNESCO World Heritage). From St. Goar you then cycle on the well-developed Rhine Cycle Route at the foot of the steep vineyards through the heart of the wine-growing region of the Middle Rhine. Literally in every village there is an alley with ostrich farms, wine bars or caterers. In Oberwesel marvel at the almost completely preserved city wall and stroll in Bacharach through historic streets with colorful half-timbered houses. On the Rhine Cycle Route, you will cycle back to Rüdesheim, surrounded by the magnificent scenery of the steep slopes, where a small wine tasting awaits you at the end of your bike tour.

**Day 8: Rüdesheim Departure**

After breakfast ends in Rüdesheim this scenic surprisingly varied and varied wine journey through four wine-growing regions in the heart of Germany.

