

## Canal du Midi | Montpellier - Toulouse - 10 days

Cycle along Europe's most beautiful canal - a UNESCO World Heritage Site.

The Canal du Midi is undoubtedly the most beautiful canal in Europe. It was built by Pierre Paul Riquet between 1667 and 1681 in order to link the Mediterranean to Atlantic Ocean. This idea had already been dreamt of by the Romans but was only carried out sixteen centuries later and even at that time was a considerable technological achievement. All along the 260 km of canal situated in the South of France with its 64 locks, you will come across authentic and varied landscapes where time seems to stand still silent. Cars and industry are missing, here the bicycle reigns, riding along smaller roads or the towpath under century old plane trees. France-Bike, has however, extended this bike tour for even more highlights in 2014, you'll now also discover 2 other canals dating from the 18th Century, namely the Canal de la Robine to Narbonne, and the Rhone-Sète canal between Montpellier and Sète. This section alone has it all, as the canal leads through the heart of the lakes and marshland area, so typical of the Mediterranean. Flamingos, herons, gulls and countless other species of birds accompany you as soon as you set off. Culture and architecture fans are in for a treat: Visit elegant Montpellier, the lively port and fishing town of Sète, the Greek town of Agde with its Romanesque fortified church, Béziers Cathedral and beautiful old town, Narbonne and Archbishop's Palace, Gothic cathedral and underground Roman storage facilities, Carcassonne with the most powerful medieval double fortification in Europe (UNESCO World Heritage) and finally Toulouse, the red city on the Garonne River. And this tour is of course also a culinary journey of discovery through the varied and excellent southern cuisine. Discover new places, new smells, get some fresh air, look around you and relax on your bicycle while at the same time undertaking an activity which is good for your mind and body. This promenade along the water's edge away from traffic will allow you to meet local people and other tourists and to appreciate the wonderful local cuisine.

### Day 1: Montpellier

Individual arrival in Montpellier. At the reception you will receive your traveler documents.

### Day 2: Montpellier > Sète, ~50 km

At 9:30am we will be at your hotel to adjust your rental bike and to give you all the necessary information about your tour. From the elegant city of Montpellier you will cycle along the Lez River on a bike path through a bird sanctuary to Palavas and the Mediterranean Sea. Then the way leads you along the Rhone-Sète Canal through the middle of a beautiful Lake District and finally to Frontignan-Plage and Sète.

### Day 3: Sète > Béziers, ~58 km

This morning you should not forget to take your bathing togs. Because in the morning you ride along the beach on a perfect bike lane to Agde. Here you can visit the old town and the cathedral made of black stones. From here you follow the Canal du Midi to Béziers.

### Day 4: Béziers > Narbonne, ~40 km

Via the bridge over the river Orb you reach the 7 locks at Fonsérannes. Continue your ride along the canal, past the Celtic oppidum of Ensérune and an imposing Gothic church in Capestang. You continue on little roads and paths through the vineyards to Narbonne.

### Day 5: Narbonne > Homps/Olonzac, ~39 km

Visit the old town of Narbonne and its famous ancient monuments like the archbishop's palace and the Gothic cathedral. Then you ride along the Canal de la Robine and on little roads to the Canal du Midi, which leads you to the little village of Homps, or a little bit further on to La Redorte or Olonzac.

### Day 6: Homps/Olonzac > Carcassonne, ~42 km

Today you continue to follow the Canal du Midi until you reach the fascinating, historical city of Carcassonne, the famous medieval walled town with its 2 circular walls and a huge medieval fortress, the largest one in Europe

### Services:

9 nights in carefully chosen 3 \*\*\* and 4\*\*\*\* hotels  
9x breakfast  
tourist tax  
welcome briefing  
luggage transport (1 piece per person)  
carefully chosen roads and paths  
detailed documentation (GB, FR, DE), brochures, plans, maps, etc.  
France-Bike signs along the route  
GPS tracks on request  
France-Bike security vest  
service hotline

### additional services:

extra night, single BnB, Montpellier	110 €
extra night, double BnB, Montpellier	70 €
supplement 'arrival any day' if 3 persons starting	90 €
supplement 'arrival any day' if 2 persons starting	130 €
supplement solo traveler (luggage)	220 €
extension to Toulouse	400 €
theft insurance for the bike	20 €
theft insurance for the e-bike	40 €
transport customers and bikes from Toulouse	420 €
rental bike 21 gears incl. transfer back	150 €
electric bike incl. transfer back	300 €
own bike	0 €
half board	340 €

### Price:

09.06.2024 - 18.06.2024 - hotel according to offer

double room, BnB	1325 €
single room, BnB	1815 €
twin room, BnB	1325 €



(World Heritage Site).

**Day 7: Carcassonne > Castelnaudary, ~40 km**

You continue to ride along the Canal du Midi to Castelnaudary, home town of the famous Cassoulet. The landscape changes and the vineyards are replaced by fields of sunflowers and corn. On the right side you can see the little mountain chain of the 'Montagne Noir', where the canal gets its water from.

**Day 8: Castelnaudary > Lake St. Ferréol > Castelnaudary, ~50 km**

On little roads you ride to the strategic point of the Canal project, the lake St. Ferréol, built in the 17th century. Then you go on to the medieval town of Revel with one of the nicest market halls in France, before riding back to Castelnaudary.

**Day 9: Castelnaudary > Toulouse, ~60 km**

This is the last day that you ride along the Canal du Midi. Once more you enjoy the beautiful landscape and the nice, little villages that you are passing on your way to Toulouse. The Canal du Midi will accompany you until the very center of that beautiful city, so that you don't need to mind any traffic. And your hotel in downtown Toulouse is only a few meters from the canal.

**Day 10: Departure from Toulouse**

Get back to Montpellier by train or France-Bike bus and finish your holiday or make some extra days in Toulouse or in Sète or elsewhere. We can help you to find a solution for this.

