

## Canal du Midi | Montpellier - Carcassonne - 7 days

Cycle along Europe's most beautiful canal and stay in outstanding hotels 3\*\*\* and 4\*\*\*\*.

The Canal du Midi is undoubtedly the most beautiful canal in France and Europe. It was built by Pierre Paul Riquet between 1667 and 1681 in order to link the Mediterranean to Atlantic Ocean. This idea had already been dreamt of by the Romans but was only carried out sixteen centuries later and even at that time was a considerable technological achievement. All along the 260 km of canal situated in the South of France with its 64 locks, you will come across authentic and varied landscapes where time seems to stand still silent. Cars and industry are missing, here the bicycle reigns, riding along smaller roads or the towpath under century old plane trees. France-Bike, has however, extended this bike tour for even more highlights in 2014, you'll now also discover 2 other canals dating from the 18th Century, namely the Canal de la Robine to Narbonne, and the Rhone-Sète canal between Montpellier and Sète. This section alone has it all, as the canal leads through the heart of the lakes and marshland area, so typical of the Mediterranean. Flamingos, herons, gulls and countless other species of birds accompany you as soon as you set off. Culture and architecture fans are in for a treat: Visit elegant Montpellier, the lively port and fishing town of Sète, the Greek town of Agde with its Romanesque fortified church, Bezier's Cathedral and beautiful old town, Narbonne with the Archbishop's Palace, the Gothic cathedral and the underground Roman storage facilities, and lastly Carcassonne with the most powerful medieval double fortification in Europe (UNESCO World Heritage). The tour is of course also a culinary journey of discovery through the varied and excellent southern cuisine. Discover new places, new smells, get some fresh air, look around you and relax on your bicycle while at the same time undertaking an activity which is good for your mind and body. This promenade along the water's edge away from traffic will allow you to meet local people and other tourists and to appreciate the wonderful local cuisine. You can make this trip longer and ride along the whole Canal du Midi via Castelnaudary to Toulouse, the red city on the Garonne River.

### Day 1: Arrival in Montpellier

Individual arrival in Montpellier. At the reception you will receive your traveler documents.

### Day 2: Montpellier > Sète, ~50 km

At 9:30am we will be at your hotel to adjust your rental bike and to give you all the necessary information about your tour. From the elegant city of Montpellier you will cycle along the Lez River on a bike path through a bird sanctuary to Palavas and the Mediterranean Sea. Then the way leads you along the Rhone-Sète Canal through the middle of a beautiful Lake District and finally to Frontignan-Plage and Sète.

### Day 3: Sète > Beziers, ~58 km

This morning you should not forget to take your bathing togs. Because in the morning you ride along the beach on a perfect bike lane to Agde. Here you can visit the old town and the cathedral made of black stones. From here you follow the Canal du Midi to Beziers.

### Day 4: Bézier > Narbonne, ~40 km

Via the bridge over the river Orb you reach the 7 locks at Fonsérannes. Continue your ride along the canal, past the Celtic oppidum of Ensérune and an imposing Gothic church in Capestang. You continue on little roads and paths through the vineyards to Narbonne.

### Day 5: Narbonne > Homps/Olonzac, ~39 km

Visit the old town of Narbonne and its famous ancient monuments like the archbishop's palace and the Gothic cathedral. Then you ride along the Canal de la Robine and on little roads to the Canal du Midi, which leads you to the little village of Homps, or a little bit further on to La Redorte or Olonzac.

### Day 6: Homps/Olonzac > Carcassonne, ~42 km

Today you continue to follow the Canal du Midi until you reach the fascinating, historical city of Carcassonne, the famous medieval walled town with its 2 circular walls and a huge medieval fortress, the largest one in Europe (World Heritage Site).

### Day 7: Departure from Carcassonne

### Services:

6 nights in carefully chosen 3\*\*\* and 4\*\*\*\* hotels or chambres d'hôte de charme  
6x breakfast  
tourist tax  
welcome briefing  
luggage transport (1 piece per person) from hotel to hotel  
carefully chosen roads and paths  
detailed documentation, brochures, plans, maps, etc. (GB, FR, DE)  
GPS tracks (on request)  
France-Bike signs along the route  
France-Bike security vest  
service hotline

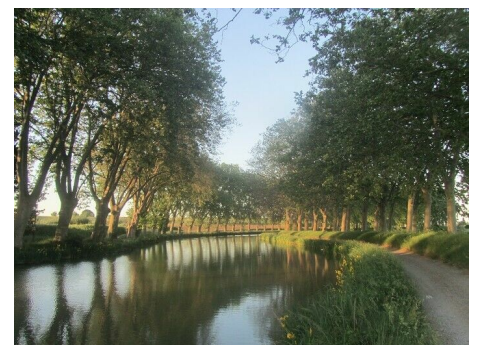
### additional services:

extra night, single BnB, Montpellier	110 €
extra night, double BnB, Montpellier	70 €
supplement 'arrival any day' if 3 persons starting	70 €
supplement 'arrival any day' if 2 persons starting	100 €
supplement solo traveler (luggage)	200 €
theft insurance for the bike	20 €
theft insurance for the e-bike	40 €
rental bike 21 gears incl. transfer back	100 €
electric bike incl. transfer back	230 €
own bike	0 €
half board	230 €

### Price:

07.06.2024 - 13.06.2024 - hotel according to offer

double room BnB	925 €
single room, BnB	1275 €
twin room, BnB	925 €



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Get back to Montpellier by train or France-Bike Bus and finish your holiday or stay longer in Carcassonne or Montpellier or elsewhere. We can help you find accommodation for this.

